

*winsome games*

**GAME DAYS**



## June 27 schedule

### **9:00am**

check in (10 minutes)

- ask COVID questions
- hand sanitizer

warm up agility, balance & coordination skills (30 minutes)

- challenge course
  - step through tires
  - army crawl under net
  - walk across the log
  - sprint to the finish

break (5 minutes)

- water
- stretch

### **9:45am**

check in Parkdale Evangelical Free Church (10 minutes)

- ask COVID questions
- hand sanitizer

practice agility, balance & coordination (30 minutes)

- old fashioned games
  - sack races
  - egg on a spoon
  - three-legged races
  - wheel barrow races
  - hula hoop and stick

break (5 minutes)

- water
- hand sanitizer
- snack

### **10:30am**

sports story: part 1 (10 minutes)

- Wilma Rudolf's 'hurdle'

agility, balance & coordination games (30 minutes)

- field hockey

break (5 minutes)

- water



### **11:15am**

bible story: part 1 (10 minutes)

- everyone's 'hurdle' — sin separates us from God according to Isaiah 59.2

agility, balance & coordination games (30 minutes)

- field hockey

pick up Parkdale Evangelical Free Church (5 minutes)

### **12:00pm**

lunch (20 minutes)

- hand sanitizer
- play Bounce Off and Connect 4 Shots

### **12:20pm**

check in Mosaic Church (10 minutes)

- ask COVID questions
- hand sanitizer

agility, balance & coordination games (30 minutes)

- Twister
- bean bag balance
- Hot Wheels track

check in Victoria Zion Church (10 minutes)

- ask COVID questions
- hand sanitizer

### **1:10pm**

sports story: part 2 (10 minutes)

- Wilma Rudolf overcame the 'hurdle'

agility, balance & coordination games (30 minutes)

- lacrosse

break (5 minutes)

- water
- hand sanitizer
- snack

### **1:55pm**

bible story: part 2 (10 minutes)

- Jesus became sin that we could become righteousness — 2 Corinthians 5:21

agility, balance & coordination games (30 minutes)

- lacrosse

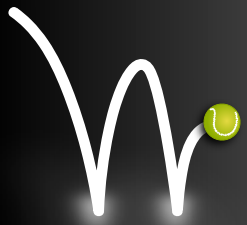
pick up Mosaic Church (5 minutes)

### **2:40pm**

agility, balance & coordination games (20 minutes)

- challenge course

pick up Victoria Zion Church



## June 28 schedule

### **9:00am**

check in (10 minutes)

- ask COVID questions
- hand sanitizer

warm up throwing and catching skills (30 minutes)

- horseshoes
- cornhole
- bocce
- paper airplanes

break (5 minutes)

- water
- stretch

### **9:45am**

question for players (10 minutes)

- describe a 'hurdle' in your life

practice throwing and catching (30 minutes)

- underhand throwing
  - two hands — rugby
  - one hand — softball

break (5 minutes)

- water
- hand sanitizer
- snack

### **10:30am**

sports story: part 1 (10 minutes)

- Bob McLaren's 'hurdle'

throwing and catching games (30 minutes)

- rugby

break (5 minutes)

- water



### **11:15am**

bible story: part 1 (10 minutes)

- created by God in His image

start bleach tie dye t-shirt activity (30 minutes)

clean up (5 minutes)

### **12:00pm**

lunch (30 minutes)

- hand sanitizer
- play Bounce Off and Connect 4 Shots

### **12:30pm**

questions for players (10 minutes)

- one
- two

throwing and catching games (30 minutes)

- ultimate

break (10 minutes)

- water
- hand sanitizer

### **1:15pm**

sports story: part 2 (10 minutes)

- Bob McLaren's decision

throwing and catching games (30 minutes)

- handball

break (5 minutes)

- water
- hand sanitizer
- snack

### **2:00pm**

bible story: part 2 (10 minutes)

- new creation in Christ — 2 Corinthians 5:17

throwing and catching games (30 minutes)

- wiffleball

break (5 minutes)

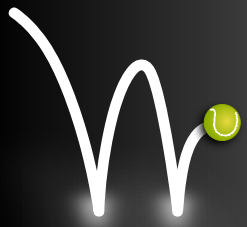
- water
- hand sanitizer

### **2:45pm**

throwing and catching games (15 minutes)

- water balloons

pick up



## June 29 schedule

### **9:00am**

check in (10 minutes)

- ask COVID questions
- hand sanitizer

warm up running and jumping (30 minutes)

- Mario's warm up LEVEL 1

break (5 minutes)

- water
- stretch

### **9:45am**

question for players (10 minutes)

- how could a 'hurdle' turn out to be something good? Explain

practice running and jumping (30 minutes)

- team long jump

break (5 minutes)

- water
- hand sanitizer
- snack

### **10:30am**

sports story: part 1 (10 minutes)

- Tim Kroeker's 'hurdle' in 1994

running and jumping games (30 minutes)

- netball

break (5 minutes)

- water



### **11:15am**

bible story: part 1 (10 minutes)

- created for a purpose

finish bleach tie dye t-shirt activity (30 minutes)

clean up (5 minutes)

### **12:00pm**

hike (10 minutes)

lunch (30 minutes)

- hand sanitizer

hike (10 minutes)

### **12:50pm**

questions for players (10 minutes)

- one
- two

running and jumping games (30 minutes)

- tchoukball

break (5 minutes)

- water
- hand sanitizer

### **1:35pm**

sports story: part 2 (10 minutes)

- Tim Kroeker's decision

running and jumping games (30 minutes)

- handball

break (5 minutes)

- water
- hand sanitizer
- snack

### **2:20pm**

bible story: part 2 (10 minutes)

- 

running and jumping games (30 minutes)

- 

pick up